

# THE edge Business Spotlight CONNECTION

## Trilogy Massage

Trilogy Massage is a massage therapy practice that specializes in NeuroMuscular Massages, Orthopedic Massages, Deep Tissue and Swedish Massages, chair massages, Reflexology and Spa. Trilogy Massage works on healing the mind, body, and spirit. Massage works the muscles, gets the blood flowing, and releases all affecting the mind, the body, and the spirit of the person.

### Contact Trilogy Massage Today!

**Online:** [www.facebook.com/pages/Trilogy-Massage/717678314954728?sk=timeline](https://www.facebook.com/pages/Trilogy-Massage/717678314954728?sk=timeline)

**Phone:** (404) 273-0674

**Email:** [massagemeh@gmail.com](mailto:massagemeh@gmail.com)



### Meet the Owner: Mary Hahn



Several years ago Mary Hahn had a traumatic accident and was severely injured. The effects from the accident were horrid. The nerves in the right side of her face were damaged, causing speech impairment, shaking of the head and migraines. During Mary's healing process, she would see a massage therapist. Mary was not convinced at the time that massage therapy would help her get better, but with the combination of a traditional treatment and massage therapy, her doctors helped her get her speech back on track. The massage therapy also helped with other medical issues she had been experiencing. Mary states, "I then realized the power of massage therapy."

Massage Therapist Mary Hahn has been practicing massage therapy for five years now. She started her business with the support of friends and family. She now has her own building that was generously given to her by a former massage therapist. Additionally, this former therapist paid for the first month's rent and supplied furniture for Mary's new enterprise. Mary is now working on marketing her business. She reaches her customers by networking with other organizations such as the Kennesaw Business Association. She now has a client base that she sees on a regular basis.

Mary states, "I am in business to help people and massage therapy is the avenue in which I can offer help to others. People come to my clinic for 'stress relief', pain in their muscles, multiple sclerosis, fiber myalgia, and some want to just relax. Massage helps in all of these areas and more."

My vision for Trilogy Massage is:

"My vision for Trilogy Massage is to employ additional therapist that offer the same types of services that I do. I would also like to create a product line of essential oils, lotions and sprays that I can sell out of my office.